

# Renew Your Body & Mind

Services By Krista Leakey

## Massage

30 Minute <b>Massage</b>	<b>\$30.00</b>
45 Minute <b>Massage</b>	<b>\$45.00</b>
60 Minute <b>Massage</b>	<b>\$55.00</b>
3 Hours <b>Total Relaxation Pkg</b>	<b>\$160.00</b>
Includes Relaxation Facial, Pedicure, Manicure and 1/2 Hour Massage	



## Esthetics

45 Minute <b>Pedicure</b>	<b>\$50.00</b>
60 Minute <b>Themed Flower Pedicure</b>	<b>\$55.00</b>
60 Minute <b>Pedicure w/Paraffin Dip</b>	<b>\$60.00</b>
60 Minute <b>Crystal Mud Pedicure</b>	<b>\$65.00</b>
30 Minute <b>Manicure</b>	<b>\$30.00</b>
45 Minute <b>Manicure w/Paraffin Dip</b>	<b>\$40.00</b>
45 Minute <b>Crystal Mud Manicure</b>	<b>\$45.00</b>
45 Minute <b>Relaxation Facial</b>	<b>\$55.00</b>
60 Minute <b>Specialized Facial w/Paraffin</b>	<b>\$75.00</b>
20-25 Minute <b>Eyelash Tinting</b>	<b>\$20.00</b>
10-15 Minute <b>Eyebrow Tint</b>	<b>\$15.00</b>
30-45 Minute <b>Make Up Application</b>	<b>\$35.00</b>

## Waxing

15 Minute <b>Eyebrow Wax</b>	<b>\$15.00</b>
5 Minute <b>Upper Lip Wax</b>	<b>\$12.00</b>
20 Minute <b>Face and Eyebrow Wax</b>	<b>\$30.00</b>
30 Minute <b>Lower Leg Wax</b>	<b>\$35.00</b>
60 Minute <b>Full Leg w/Bikini Wax</b>	<b>\$60.00</b>
15 Minute <b>Bikini Wax</b>	<b>\$25.+</b>



Gift Certificates Available

To book you appointment call The Glen House Spa at:  
**613.484.3107** **1.800.268.4536**